

THE Leaflet

CITY NEWS AND RECREATION GUIDE



SUMMER 2020



**PANDEMIC SPURS
COMMUNITY HEROES
AND PARADES**

PG. 3

**NEW
EVACUATION
MAP DEVELOPED**

PG. 7

**RECREATION
CLASSES RESUME**

PG. 12





A Message From City Manager **DEBRA ROSE**

City staff never stopped working for residents during the coronavirus closures. And now as the State and County are moving toward reopening, this coming fiscal year is bringing new and renovated parks, smooth new streets and even a new way for the City to share information with residents.

Our biggest news is the upcoming completion of Portola Park off Glenn Ranch Road, opening in November. The 6.4-acre park brings dog runs, pickleball and more. The City's 31st park is another we can all be proud of, especially because it will be completed during such unprecedented times.

The City Council and staff faced budget challenges brought by reduced sales-tax revenue and hotel occupancy taxes head on. We cut all travel and instituted numerous other changes. Even The Leaflet wasn't immune from change. We will now publish this magazine four times a year, combined with our Community Services class listings that were previously in a separate publication, Leisure Times. Altogether, we reduced our General Fund spending by 6 percent.

What we did not cut is our drive to continue serving residents and ensuring Lake Forest is a great place to live and work. We anticipate completing many important projects this fiscal year, including:

- **Renovating Cherry, Darrin, Montbury, and Pebble Creek parks**
- **Revitalizing Neighborhood Watch, Business Watch, and Hotel Watch programs**
- **Resurfacing streets in Zone C – between Trabuco and Jeronimo – and in Zone G, which is Portola Hills**
- **Launching Lake Forest TV on Cox channel 857, which will broadcast Council meetings and City news**

Many of these are major initiatives that come after months, if not years, of preparation and planning. But life is made of big things and little things – that is why I am excited that we're also bringing back our popular Community Services sports camps, dance classes, yoga, and music lessons classes in the Fall.

We thanked you many times during the coronavirus pandemic for your patience. While the pandemic isn't over, I hope you find these new projects make the "new normal" a bit more bearable.

Debra Rose



MEETINGS AT A GLANCE

CITY COUNCIL MEETINGS

Meetings are held on the first and third Tuesday of each month

COMMUNITY SERVICES COMMISSION MEETINGS

Meetings are held on the Wednesday after the first Tuesday of each month*

PLANNING COMMISSION MEETINGS

Meetings are held on the Thursday after the first Tuesday of each month*

TRAFFIC AND PARKING COMMISSION MEETINGS

Meetings are held on the Monday before the first Tuesday of each month*

All meetings will start at 6:30 pm
*Subject to change; visit all agendas at:
www.LakeForestCA.gov/agendas

The Leaflet is an official publication of the City of Lake Forest and is distributed as a public service to Lake Forest homes and businesses. The City welcomes your comments and questions regarding The Leaflet.

Photo Credit: City of Lake Forest

CITY RESPONDS TO CORONAVIRUS

City Hall remained open to provide essential services to residents throughout the coronavirus pandemic, although other City facilities closed in March. Lake Forest diligently followed the guidance of the Governor's Office and County of Orange to keep residents as safe as possible as COVID-19 spread.

The City also kept parks open, although playgrounds were closed as required by the Governor. Throughout the pandemic, the City coordinated with the County and other cities to ensure agencies provided consistent messages to residents. Although the City has faced wildfires in the past, the pandemic presented unparalleled challenges, but the City continued to serve residents. Building permits and inspections continued, in some cases virtually. Park, street and other capital-improvement projects moved forward. The City's Community Services staff worked with members of the Community Emergency Response Team to call seniors and ensure they were OK.

The City also strives to keep residents updated on the complex and changing situation, with videos from the Mayor and City Manager, as well as social media and website posts.

For more information on how the pandemic impacted the City, see www.lakeforestca.gov/coronavirus.



The City has joined the County of Orange and other agencies in urging residents to take three simple steps to protect themselves, and others, against the coronavirus.



COMMUNITY HEROES RISE DURING PANDEMIC

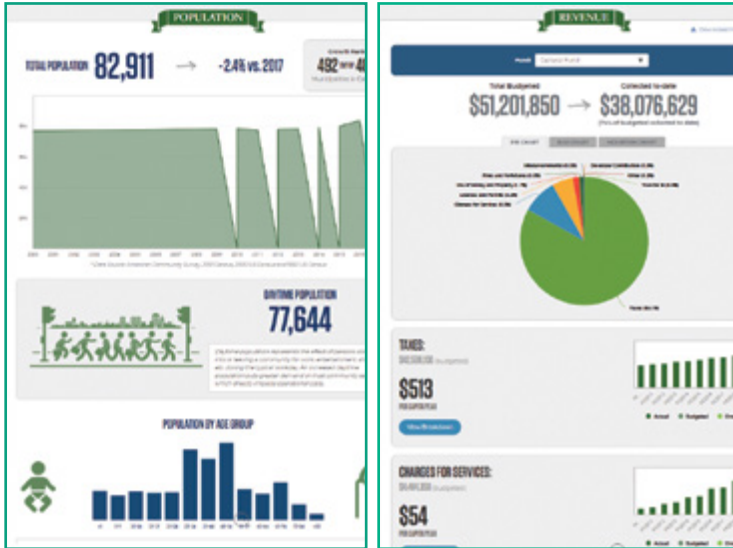
As the coronavirus swept through Southern California, Lake Forest residents were like everybody else: trying to keep up with the often-changing information they needed to keep themselves and their families safe.

Offices closed, schools shut down. There was confusion, even some fear. But quickly, surely, heroes began to rise in our community. Brenda Lowell took to social media to organize drive-by birthday parties that not only raised the spirits of the kids celebrating a birthday during a shutdown, but of the dozens of adults who participated as well.

The Dubois family created colorful eggs that allowed kids to go on drive-by Easter egg hunts. The El Toro Mobile Estates Recreation Club made masks, as did others. Jeanne Fendel sold masks to raise money for ALS, while Kristie and Terry Anderson gave their mask proceeds to the Boys and Girls Club. Christine Rousselle donated hers to medical professionals. Frank Wendzel lived the life of a hero in World War II and was honored on his 100th birthday.

The pandemic's still going on, and we know there are more heroes out there. Nominate yours, and get more details about those above, at www.lakeforestca.gov/communityheroes.

CITY LAUNCHES FINANCIAL TRANSPARENCY WEBPAGE



Have you ever wanted to see the City’s checkbook?

Well, now you can. To boost transparency with residents, the City partnered with ClearGov to create an online overview of the City’s checkbook, revenues, expenditures, and even demographics.

The City’s budget process was already transparent. The City Council holds a public budget workshop in May, adopting the budget at a meeting in June. The City’s fiscal year runs from July to June. Additionally, the City’s warrant list, essentially the check register, is included on City Council agendas for approval.

But the Cleargov software makes it even easier to understand local government budgets. The Lake Forest webpage shows the adopted revenue budget for 2019-20 was \$51 million. Revenue sources such as taxes, charges for services, and licenses/permits are broken down in clear and concise charts.

City expenditures have similar tools. The 2019-20 fiscal year budget for City expenditures was \$49.6 million, and Cleargov breaks down spending for each department into a pie chart to illustrate the City’s expenses.

The demographics show the City population is 82,911, the median house value is \$621,000 and the median household income is \$104,449. The data is gathered from several sources and is from 2018, the last year all of the information was updated. Many other categories of demographic data is available, too.

To view Lake Forest’s online overview of revenue and expenditures and checkbook, visit <https://lakeforestca.cleargov.com/>.

THE CITY OF LAKE FOREST FISCAL YEAR 2020-21 BUDGET OVERVIEW

GENERAL FUND REVENUES	FY 20-21 ADOPTED BUDGET
Property Taxes	\$20,792,000
Sales Taxes	\$13,650,000
Hotel Taxes	\$2,500,000
Franchise Fees	\$2,526,000
User Fees	\$2,637,000
Licenses and Permits	\$1,654,000
Miscellaneous	\$1,908,400
Other Revenue	\$383,000
Total Revenues	\$46,050,100
(The City Council allocated \$500,000 from reserves to balance the budget.)	

GENERAL FUND EXPENDITURES	FY 20-21 ADOPTED BUDGET
Police Services	\$19,631,900
Public Works	\$12,564,600
Community Services	\$2,847,900
Community Development	\$2,435,050
Finance	\$2,984,900
Management Services	\$2,933,650
City Attorney	\$1,286,000
City Manager	\$1,099,050
City Clerk	\$703,050
City Council	\$56,600
Total Expenditures	\$46,542,700

EXPAND THE FOREST DEDICATIONS

Since incorporation in December 1991, the City Council has supported "Expand the Forest," a program that encourages resident participation in tree planting and provides an opportunity to expand the City's urban forest. The cost is \$90. For more information, see www.lakeforestca.gov/expandtheforest.

SPONSOR	TREE SPECIES	LOCATION	DEDICATION
John T. & Wanda O'Brien	Sycamore	Foothill Ranch Comm. Park	In memory of Mac Fraser, loving husband, father, grandfather and great grandfather of the Fraser family.
Family of Jim Eklund	Liquidambar	Peachwood Park	Jim Eklund
Friends from Fitness First Gym	Sycamore	Tamarisk Park	In memory of Rochee D. Swendseid. Always in our hearts.
Braden and Shaina Hyatt	Sycamore	Peachwood Park	In memory of our daddy, Daniel James Hyatt II
Gary and Darla Clark	Sycamore	Foothill Ranch Comm. Park	In memory of Jeff Volpe
The Porter Family	Liquid Amber	Alton Park	Eileen McCready
Watson-Marlow Inc.	Magnolia	Foothill Ranch Comm. Park	Watson-Marlow Inc.
Prashant Kulkarni	Liquidambar	Alton Park	In honor of Pratibha Niketan 1980 - PN80 Friends
The Kubota Family	Magnolia	Rimgate Park	In loving memory of Timo Kubota, a devoted father, husband, son, brother, and friend
The Thistlewaite Family	Sycamore	Foothill Ranch Comm. Park	Ed Thistlewaite - loving dad and grand dad
The Thistlewaite Family	Magnolia	Foothill Ranch Comm. Park	Sandy Thistlewaite - loving mom and nana
Dick & Pat Fenton	Magnolia	Tamarisk Park	In memory of Patti Westerman, our friend and neighbor



ASCE HONORS CIVIC CENTER

The Lake Forest Civic Center received the Parks & Recreation Project of the Year award from the American Society of Civil Engineers. The Civic Center represents a 20-year vision and partnership between residents, landowners, and the City.

The City celebrated the grand opening of the Lake Forest Civic Center in January. The 6.4-acre campus, built without long-term debt for approximately \$80 million, includes four buildings totaling approximately 100,000 square feet. The campus is centered around a 50-foot clock tower, reminiscent of an early town square. The Civic Center was ultimately designed to be the place where residents can enjoy social programs, share special events, and participate in local government.

For decades, noise from airport operations at Marine Corps Air Station El Toro mandated that adjacent properties in the City be zoned commercial/industrial. When the Marine base closed and plans for a public airport were rejected, the City

negotiated with landowners who wanted to change their property zoning to residential. The resulting development agreements produced impact fees that paid for the \$80 million Sports Park and Recreation Center, which opened in 2014, and, finally, the Civic Center.

The developer fees allowed the City to complete the Civic Center without incurring any debt. Because of that, Lake Forest remains one of the most financially healthy large cities in California.

The community now has a dedicated place for seniors in The Clubhouse. Other amenities include a Community Center, Performing Arts Center/Council Chambers, and City Hall/Police Services building. The campus is called the community's "100 Year Home" because of the timeless architecture, extensive use of steel and stone construction, and because it will become a gathering place for the community.

NOVEMBER 2020 COMPLETES CITY'S TRANSITION TO DISTRICT ELECTIONS

OC will again use Vote Centers

Lake Forest voters in District 1 and District 5 will cast ballots for City Council representatives in the November 2020 General Election, completing the City's transition to district elections.

The change began with the 2018 election, after the City faced a lawsuit based on the Voters Rights Act.

See <https://lakeforestca.gov/312/Elections> for more information or to determine what district you live in.

Residents will again cast ballots by mail, ballot collection boxes, or in Vote Centers. All voters will again receive a ballot for the November 3 Presidential General Election, giving them the choice of mailing in their ballot or dropping it in a ballot collection box. OC Registrar of Voters Neal Kelley recognized the challenges presented

by the coronavirus pandemic and made plans to safely accommodate those who want to vote in person.

Vote Centers in Lake Forest will include the Civic Center, Sports Park, and libraries. Ballot collection boxes are at the Sports Park, Heroes Park and elsewhere in the City. See <https://www.ocvote.com/voting> for updated locations.

The Registrar of Voters pivoted quickly as the pandemic expanded and began acquiring personal protective equipment in response to COVID-19. Examples of changes due to COVID-19 include enhancing e-filing options for candidates, for Vote Center Customer Service Representatives to complete a significant portion of their training online and leveraged technology to create remote public election observation opportunities.

In addition, each in-person voting location will have detailed plans for disinfecting, maintaining physical distance, and will have personal protective equipment and increased signage on-site.

Voters can check their registration, re-register, and register to vote at [ocvote.com](https://www.ocvote.com). For more information, call 714-567-7600 or visit [ocvote.com](https://www.ocvote.com). Voter Information Guides listing the candidates for each Lake Forest voting district will be available at <https://www.ocvote.com/vlt/>.

CITY EVACUATION MAP DEVELOPED

EVACUATION ZONES PROVIDE CLARITY TO LOCAL AUTHORITIES AND RESIDENTS

City with “forest” in its name, and adjacent to a County regional park and State Forest, wildfire isn’t a possibility, but a probability.

To ensure residents can leave the area quickly during an emergency, the Orange County Sheriff’s Department and other local agencies developed evacuation zones in this high fire risk area. The zones will help local authorities can quickly and efficiently communicate directions to residents.

For more information, see:


lakeforestca.gov/wildfires.

HOME ASSESSMENT 

Is your home Wildfire ready?

Set up a **FREE** Home Assessment today!

  **READY, SET, GO!** 
ocfa.org/RSG

 cut out for quick reference

CITY NEWS & UPDATES



ALERT OC

In a life-threatening emergency, the Orange County Sheriff's Department and Orange County Fire Authority will use Alert OC to share critical information via text, email, and voice calls. Be sure you and your loved ones are registered for Alert OC at www.alertoc.org. Also ensure your information is updated if you have moved since registering, as the system is geographically based.



The City uses Nixle to share important news with residents. You can receive the information via text, email, or, in an emergency, voice calls. Text LakeForest or your ZIP code to 888777 to register, or sign up at www.nixle.com.



CITY OF LAKE FOREST APP

The City of Lake Forest smart-phone app is available in the App Store and Play Store.

Not only does it provide important City information, it also allows users to report issues such as potholes or graffiti directly to City staff. For important updates, the app allows push messages to users as well.



ALEXA SKILL

The City is on Alexa! Enable the Alexa skill on your Echo device to get commonly asked questions answered.



NEXTDOOR

The City of Lake Forest is on Nextdoor. In addition to regular news postings, the City can push out urgent news through the app.



SOCIAL MEDIA

The City of Lake Forest, the Orange County Sheriff's Department and Orange County Fire Authority use Facebook and Twitter. Follow the agencies for information on how to prepare for emergencies.



CITY WEBSITE

Important information and updates during an emergency will be posted on the City's website, www.lakeforestca.gov.



BE WILDFIRE READY!

Just as firefighters train to prepare for wildfires, residents need to prepare, too. The Orange County Fire Authority urges everyone to follow "Ready," "Set," "Go!"

READY

Being ready means taking responsibility to prepare before a wildfire erupts, so your home – and your family – are ready. Removing vegetation from around your home is one of the best ways to get ready, and you can harden your home, too. Hardening your home means protecting it from embers, which can fly more than a mile. Ensure your eaves are protected, along with fences, decks and other flammable material around your home.

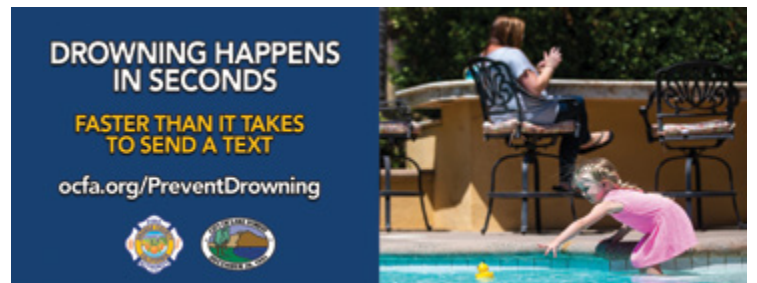
SET

Being set means packing your car with your emergency items. Stay aware of the latest information by signing up for AlertOC at www.alertoc.org or texting "LakeForest" to 888777. Create an emergency kit that has enough supplies and belongings for every member of your home for at least three days. Don't forget medications and your pets. Develop a plan with your family and practice it! Plan out meeting places and it's best to have an out-of-state contact that family members can check in with via text. Even when it is tough to get a call through within California, texting outside the state can still work.

GO

Go means go. You don't have to wait until you're told to evacuate by authorities. Leave early enough to avoid being caught in fire, smoke, or road congestion. Keep the map on the other side of this page handy and if you are advised to leave, don't hesitate.

See <https://www.ocfa.org/SafetyPrograms/ReadySetGo.aspx> for more information on Ready, Set, Go.



Drowning is the leading cause of accidental death for children under 5 and among the top five leading causes of death people under 18, both in Orange County and California. In 2019, 114 people drown in OC; 33 were children ages 0-4 and 33 were adults over the age of 50. Thirty-eight of the 2019 drownings took place at an OC beach, 30 within community pools and spas and 27 in backyard pools or spas. For more information, see: ocfa.org/PreventDrowning.

PORTOLA PARK READIES FOR OPENING



Portola Park, the City's 31st park, is scheduled to open in November at Saddleback Ranch and Glenn Ranch Roads.

Portola brings many new park amenities to Lake Forest: a large, universally accessible playground, outdoor pickleball courts and a sand volleyball court. The park also includes restrooms, expansive dog parks and incredible children's play equipment.

For active residents, the tiered park creates a youth sports field, exercise equipment and a walking path around the park. More than 50 parking spaces provide plenty of space for park users.

One of the greatest amenities, however, is natural: an incredible view over the City.

CHERRY PARK RENOVATIONS UNDERWAY



The City's Neighborhood Park Improvement Plan continues, with a universally accessible play surface being added to Cherry Park. The surface allows children wheelchairs or other tools to help them walk will be able to safely enjoy the play equipment.

A shade structure is also being added to the park, along with an ADA-accessible parking spot on the street. The colorful iconic bridge will remain and is getting a face-lift as well.

The City Council in 2018 approved renovation to 10 neighborhood parks after a dozen workshops and meetings. Other parks in the project are: Borrego Overlook, Darrin, Montbury, Peachwood, Pebble Creek, Rancho Serrano, Regency, Sundowner, and Vintage. See <https://www.lakeforestca.gov/925/Neighborhood-Park-Improvements-2018> for more information.



Residents Helping Residents Saving Lives

Even though the orders of the Governor and County Health Officer required the cancellation of the regular Lake Forest classes and events, the City found good uses for the facilities. At the Sports Park, the City hosted the Red Cross for five blood drives. Together, the drives collected 217 pints, enough to save 651 people.

See www.redcross.org for information on how to donate. A donor's blood is tested for COVID-19 antibodies and the donor is notified of the results.

Watch the City's social media and website, www.lakeforestca.gov for information about upcoming ways you can help.



Residents Helping Residents Meeting Basic Needs

The pandemic dramatically increased the demand for food among families served by the non-profit Families Forward, and Lake Forest residents answered the call.

About 70 bins of food were collected at two drive-up food drop-off events held in April and August at Lake Forest City Hall. Members of the City's Community Emergency Response team volunteered to help remove food from donors' vehicles and sort it for the bins during the August event. The Irvine-Rancho chapter of National Charity League also volunteered.

For more information about Families Forward, a long time partner with Lake Forest in providing affordable housing and other services, see <https://www.families-forward.org/>.

NOLAN ARENADO DRIVE CEREMONY



Sports Park Entry Named in Honor of Arenado

Those entering the Sports Park from Portola Drive might notice something a little different: The entry street has been named in honor of 2009 El Toro High School graduate and Major League Baseball star Nolan Arenado.

More than 100 Lake Forest Little League players received commemorative baseballs autographed by All Star third baseman Nolan Arenado on February 8, during the unveiling ceremony for “Nolan Arenado Drive.”

Another 200 parents and friends of the Arenado family watched from the bleachers of Field 4 at the Sports Park as the City Council unveiled the blue “Nolan Arenado Drive” sign with Nolan’s number and year he graduated from El Toro High School. Nolan is an all-star third baseman in Major League Baseball.

Nolan’s mother, Millie, spoke during the ceremony about how proud the family is of Nolan and how proud they are to be Lake Forest residents. Nolan also addressed the crowd, recalling his favorite memories growing up in the City. Afterward, he signed the commemorative baseballs for the Little Leaguers and even took pictures with them.



OLYMPIAN SPEAKS AT BREAKFAST

Olympic Gold Medalist and El Toro High School graduate Kaitlin Sandeno Hogan treated more than 100 community and City leaders to an inspirational story of overcoming adversity during the Mayor’s Breakfast in early March.

Sandeno Hogan won a bronze medal in the 800-meter freestyle event at the 2000 Summer Olympics in Sydney, Australia while she was still in high school. That set high expectations and drove her to train relentlessly. The path to the 2004 Olympics was difficult, but she remained focused, she told those in attendance at the Lake Forest Clubhouse Sr. Senior Center.

The 2004 Summer Olympics in Athens, Greece saw Sandeno win three more Olympic medals: silver in the 400-meter individual medley, bronze in the 400-meter freestyle, and the ultimate prize: A gold medal in the 4×200-meter freestyle relay.

She brought the medals to the Lake Forest event to share them with the audience.

Retired from competitive swimming, Sandeno is now an inspirational speaker and wrote *Golden Glow*. How Kaitlin Sandeno achieved Gold in the Pool and Life with coauthor Dan D’Adonna. She is also active with the Jessie Rees Foundation, which helps kids fighting cancer to remember NEGU – Never Ever Give Up!

Recreation Program Guide Fall 2020



**RECREATION PROGRAMS
BEGIN IN SEPTEMBER**

SEE LISTINGS INSIDE

**PARK PROFILE:
NATURE PARK**

See page 13

COMMUNITY SERVICES FALL 2020 PROGRAMS

For dates, location and pricing on the following programs, please call the Community Services Division at **273-6975**, or email lfreconline@lakeforestca.gov.

To register, visit www.lfparksandrecca.com.

ALL PROGRAMS BEGIN IN SEPTEMBER.

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Adult 50 Years & Better Programs 17-19

CONTACT INFORMATION

City Hall	461-3400
Community Services	461-3450
www.lfcommunityservices.com	
Etnies Skatepark of Lake Forest	916-5870
www.etnieskatepark.com	
Lake Forest Sports Park & Recreation Center	273-6960
www.lakeforestsportspark.com	
Lake Forest Teens	273-6961
www.lfteens.com	
The Clubhouse (Senior Center)	461-3408
www.LakeForestCA.gov/seniors	
Saddleback Emeritus Registration	582-4835
IVC Emeritus Registration	451-5555
SVUSD Recreation	768-0981, press 3
Building Inspection	461-3470
City Clerk	461-3420
City Council	461-3420
City Manager's Office	461-3412
Economic Development	461-3567
Employment Hot-line	461-3566
Fields Hot-line	461-3595
Graffiti Hot-line	461-3583
Police Services	461-3548
Public Works	461-3480



PARK PROFILE **NATURE PARK**
NATURE PARK
26215 Dimension Dr.
Lake Forest, CA 92630

The Nature Park is truly one of Lake Forest's hidden gems. Trails, picnic areas, and a small outdoor amphitheater are the park's main amenities. With 4.5 acres of Live Oak trees and native plant species, the Nature Park is a wonderful place to enjoy a quiet lunch or walk. Informative signage helps visitors identify local plant and wildlife.

Park trails connect to the Serrano Creek Trail allowing for easy access to hiking or bicycling. Parking is available along Dimension Drive, adjacent to the park entrance.

Did you know? The Nature Park is one of the few city park locations with full-size Coast Live Oak trees. Live Oak Trees are close to evergreen and were given that name because they remain "live" during winter months. Coast Live Oaks are also the designated City Tree.

Visit www.LakeForestca.gov/facilities for a complete list of all City Parks and facilities.

DIY CLEANING & GARDENING

Looking for some handy and fun stay at home projects to clean and protect your home? Try using common items from your home and establish a thriving garden while also **protecting our local environmental resources!**

DIY PEST CONTROL AND GARDENING

DID YOU KNOW A VARIETY OF COMMON HOUSEHOLD ITEMS CAN BE USED TO REPEL INSECTS?

- The strong smell of garlic and cayenne can be used to deter a variety of bugs, especially aphids. Chopping 6 cloves of garlic and mixing them with 1 tbsp. of baby shampoo in 4 cups of water in a spray bottle creates an effective repellent for your rose bushes.
- Mixing 5 tablespoons of dish soap with 4 cups of water in a spray bottle can be used to deter aphids and spider mites.
- Coffee and eggshells can be sprinkled around the base of plants to repel ants, snails, and slugs (and they are great on azaleas, rhododendrons, camellias, gardenias and even blueberries!).
- To keep wasps away from ripening fruit, fill several cans with equal parts ammonia and water, and hang them among your fruit trees.
- Trim overhanging tree limbs that might provide an insect or rodent on-ramp to your home.
- Check the areas around your home for any debris or garbage – anything that could be used by pests as shelter – and get rid of it.

Insects are looking for food, water and shelter – if you eliminate these necessities, they won't forage in your home or your garden!

ENVIRONMENTALLY FRIENDLY CLEANING FOR OUTDOORS

- Use a broom and a dustpan to clean your patio and outdoor walkways instead of a hose.
- Clean your patio furniture on your lawn or other landscaped areas to save water and provide your plants with a drink.
- Wash vehicles over pervious surfaces such as lawns and gravel areas. If unpaved or landscaped areas are not available, block and/or divert wash water to an area where the water can pool and evaporate throughout the day. If using cleaners (such as acid based wheel cleaners), use a rag to wipe them on and off, do not rinse them off with water.
- Use a spray nozzle on your hose with an automatic shut-off and turn the flow of water completely off when not actively washing down your automobile.
- Use soaps, cleaners or detergents labeled "non-toxic", "phosphate free", or "biodegradable". Vegetable and citrus-based products are typically safest for the environment.
- Shake floor mats onto landscaping, into trash cans or vacuum to clean, never shake off in the gutter.

By using these "green" cleaning methods, you can keep pollutants out of the storm drains that flow to our local environmental resources.

Remember, anything washed into the gutter ends up in our local creeks, lakes and the ocean. Using these "green" alternatives can protect our local environment from pesticide pollution and keep our families safe. For more tips and resources, please visit www.h2oc.org or contact the Public Works Department at 949-461-3480.



Youth Programs

Manners, Character & Social Skills Foundations

Instructor: The Etiquette Factory Staff
Age: 5-12 yrs

OC Dance Productions - All in One Dance

Instructor: OC Dance Productions Staff
Age: 3-5 yrs

OC Dance Productions - Beginning Ballet

Instructor: OC Dance Productions Staff
Age: 5-8 yrs

OC Dance Productions - Pop Star Hip Hop

Instructor: OC Dance Productions Staff
Age: 5-9 yrs

OC Dance Productions - Princess Ballet

Instructor: OC Dance Productions Staff
Age: 3-6 yrs

OC Dance Productions - Ballet, Jazz & Tap Combo

Instructor: OC Dance Productions Staff
Age: 3-5 yrs

OC Dance Productions - Hip Hop

Instructor: OC Dance Productions Staff
Age: 4-7 yrs

Broadway Arts Studio - Keiki Hawaiian Dance

Instructor: Broadway Arts Studio Teachers
Age: 7 yrs and up

Broadway Arts Studio - Acting Improv & More

Instructor: Broadway Arts Studio Teachers
Age: 8-12 yrs

Broadway Arts Studio - Acting Foundations

Instructor: Broadway Arts Studio Teachers
Age: 10-17 yrs

Broadway Arts Studio - Pre-K Dance: Wiggle & Flow

Instructor: Broadway Arts Studio Teachers
Age: 3-5 yrs

Broadway Arts Studio - Hip Hop Dance Party

Instructor: Broadway Arts Studio Teachers
Age: 6-10 yrs

Broadway Arts Studio - Hip Hop Dance Fundamentals

Instructor: Broadway Arts Studio Teachers
Age: 10 yrs and up

Broadway Arts Studio - *Musical Theatre/Broadway Playhouse*

Instructor: Broadway Arts Studio Teachers

Age: 6-10 yrs

Broadway Arts Studio - *Musical Theatre Dance 1*

Instructor: Broadway Arts Studio Teachers

Age: 8-12 yrs

Broadway Arts Studio - *Teens Improv/Sketch Comedy*

Instructor: Broadway Arts Studio Teachers

Age: 12-17 yrs

Broadway Arts Studio - *Teens Acting Foundations*

Instructor: Broadway Arts Studio Teachers

Age: 10-17 yrs

Youth Running and Track Club

Age: 9-16 yrs

Beginning Guitar

Instructor: Ron Gorman

Age: 10 yrs and up

Beginning Ukulele

Instructor: Ron Gorman

Age: 10 yrs and up

Singing Lessons

Instructor: Katrina Murphy

Age: 4-7 yrs

Skyhawks - *Mini-Hawk Multi-Sport Class*

Instructor: Skyhawks Staff

Age: 2-5 yrs

Skyhawks - *Hoopster Tots*

Instructor: Skyhawks Staff

Age: 3.5-6 yrs

Skyhawks - *Soccer Tots Class*

Instructor: Skyhawks Staff

Age: 2-5 yrs

Skyhawks - *Basketball*

Instructor: Skyhawks Staff

Age: 7-10 yrs

Soccer Stars @HOME - *Parent & Me*

Age: 1-3 yrs

Super Soccer Stars *Young*

Instructor: Super Soccer Stars Staff

Age: 3-4 yrs

Soccer Stars @HOME - *Young*

Age: 3-4 yrs

Super Soccer Stars

Older

Instructor: Super Soccer Stars Staff

Age: 4-5 yrs

Soccer Stars @HOME -

Older

Age: 4-5 yrs

Super Soccer Stars

Camps

Instructor: Super Soccer Stars Staff

Age: 3-10 yrs

- Single Day Half-Day Camp
 - Five-Day Half-Day Camp
 - Single Day Half-Day – United Advanced Camp
 - Five-Day Full-Day – United Advanced Camp
-

Soccer Stars @HOME

Age: 5-7 yrs

Soccer Stars United

Advanced Class

Instructor: Super Soccer Stars Staff

Age: 5-9 yrs

Soccer Stars @HOME -

Advanced Class

Age: 5-9 yrs

Shining Soccer Stars

Special Needs

Age: 10-17 yrs

Adult Programs

Photoshop Elements

Age: 18 yrs and up

Broadway Arts Studio -

Adult Beginning Tap Dance Intro

Instructor: Broadway Arts Studio Teachers

Age: 50 yrs and up

Broadway Arts Studio -

Adult Dance Shape Uplift, Stretch & Strength

Instructor: Broadway Arts Studio Teachers

Age: 18 yrs and up

Broadway Arts Studio -

Adult Beginning Tap Dance

Instructor: Broadway Arts Studio Teachers

Age: 18 yrs and up

Broadway Arts Studio -

Adult Beginning Hawaiian Dance

Instructor: Broadway Arts Studio Teachers

Age: 18 yrs and up

Broadway Arts Studio -

Adult Hip Hop

Instructor: Broadway Arts Studio Teachers

Age: 18 yrs and up

Zumba

Instructor: Angelia Velez

Age: 18 yrs and up

Get off Your Booty Camp

Instructor: Maryam Stevenson
Age: 18 yrs and up

Pilates in the Park

Instructor: Kasia Andrzejuk
Age: 18 yrs and up

Virtual Pilates - VP With Purpose

Instructor: Kasia Andrzejuk
Age: 18 yrs and up

Young at Heart - Senior Pilates

Instructor: Kasia Andrzejuk
Age: 50 yrs and up

Yin Yoga

Instructor: Maryam Stevenson
Age: 18 yrs and up

Guided Meditation

Instructor: Gia Anderson
Age: 18 yrs and up

Restorative Self Care

Instructor: Gia Anderson
Age: 18 yrs and up

Qigong

Instructor: Karl Ardo
Age: 18 yrs and up

**ALL PROGRAMS
BEGIN IN SEPTEMBER.**

To register, visit
www.lfparksandrecca.com

50 and Better Programs

For more information on all the “City’s 50 and Better Programs” call **The Clubhouse** at **461-3408** or contact Senior Recreation Supervisor, **Courtney Wysocki** via email at **cwysocki@lakeforestca.gov**.

Don’t miss out on **The Virtual Clubhouse Calendar!** The calendar is a great way to view the activities offered each month. If you are a Lake Forest resident interested in receiving the virtual calendar, please call 461-3408 and leave your name and email address.

Become a Clubhouse Pen Pal

Step aside social media! Handwritten notes are a moment to brighten up a senior’s day during the Coronavirus pandemic. It’s more important than ever for those who need to quarantine as much as possible to still feel the love. If you are interested in sending a Clubhouse senior a “hello” card, please send it to:

Lake Forest City Hall

Attn: Courtney Wysocki

100 Civic Center Drive

Lake Forest, CA 92630

Cards must be made out to “Dear Clubhouse Senior”.

You’re Picture Perfect!

The Clubhouse Photo Contest

The Clubhouse wants to hear from you! Send us a photo of yourself and how you have been staying busy during this time of closure. Entries will be entered into a raffle for a \$10 Target gift card. Photos must be submitted by Friday, October 9 and the winner will be announced on Tuesday, October 13. Please submit your photo to Senior Recreation Supervisor, Courtney Wysocki, at **cwysocki@lakeforestca.gov**.

Limit one entry per person.



Virtual Bingo Thursdays

Feeling lucky? Join us for virtual games of bingo! Webcam access is preferred, but not required.

To Register: Online

Act#: 8797

Seniors Sep 3 - Oct 29 Thurs 10 am-12 pm

Coffee with The Clubhouse

Grab your favorite morning drink and chat with your Clubhouse friends! Webcam access is preferred, but not required.

To Register: Online

Act#: 8953

Seniors Sep 8 & Oct 6 Tues 10 am-11 am

Virtual Garden Club

Dig into this virtual program! The Virtual Garden Club provides education, inspiration, and a sense of joy. Webcam access is preferred, but not required.

To Register: Online

Act#: 8955

The History of Flower Meanings

Seniors Sep 22 Tues 10 am-11 am

Consider the Cactus: A Guide to Succulents

Seniors Oct 27 Tues 10 am-11 am

The Clubhouse Kitchen

Join The Clubhouse staff for video cooking demonstrations and recipe instructions on how to make delicious meals! Videos and recipes will be provided by 2 pm for the dates listed.

To Register: Online

Act#: 8954

Banana Oatmeal Pancakes

Seniors Sep 14 Mon

Lemon Herb Mediterranean Pasta Salad (Vegetarian)

Seniors Sep 28 Mon

Tropical Chicken Tacos with Cilantro Rice

Seniors Oct 5 Mon

Easy Bake Apple Crisp Dessert

Seniors Oct 26 Mon

Virtual Clubhouse Karaoke

Join The Clubhouse as we sing our hearts out virtually! Webcam and microphone access is required. Space is limited. Don't forget to dress up in theme!

To Register: Online

Act#: 8956

Tropical Paradise

Seniors Sep 29 Tues 10 am-11 am

Halloween Extravaganza

Seniors Oct 13 Tues 10 am-11 am

Java with Jen

Receive free information on how Medicare works. Appointments are scheduled for 30 minutes.

Fee: Free

To make an appointment call 461-3408

Seniors Sep 2 Weds 11:30 am-1:30 pm

Need Legal Advice?

Obtain free legal advice on government benefits, health, housing, consumer programs, and elder abuse. Appointments are scheduled for 30 minutes.

Fee: Free

To make an appointment call: 461-3408

Seniors	Sep 3	Thurs	10:30 am-1 pm
Seniors	Oct 1	Thurs	10:30 am-1 pm

HICAP Health Insurance Counseling and Advocacy Program

Get to know what benefits and services you're entitled to and how the health care system works. Appointments are scheduled for 1 hour.

Fee: Free

To make an appointment call: 461-3408

Seniors	Sep 8	Tues	10:30 am-1:30 pm
Seniors	Oct 13	Tues	10:30 am-1:30 pm

Crafty Crafters

Feeling artsy? Join the Crafty Crafters program and receive your own take home craft kit! Craft kit pick-ups are the third Tuesday of every month between 11 am-11:30 am at The Clubhouse.

Fee: Free

To Register: 461-3408

Watermelon Wood Coasters

Seniors	Sep 15	Tues
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Halloween Wreaths

Seniors	Oct 20	Tues
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Young At Heart Lake Forest Book Club

The Young At Heart Lake Forest Book Club meets virtually once a month to discuss the books listed below.

Fee: Free

Chances Are...: A Novel by: Richard Russo

Seniors	Sep 17	Thurs	10 am
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Two Years Before the Mast: by Richard Dana Jr.

Seniors	Oct 15	Thurs	10 am
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Transportation

The City of Lake Forest offers door-to-door transportation to Lake Forest senior residents through CA Yellow Cab.

To qualify for CA Yellow Cab,

- You must be a Lake Forest resident, 60 years of age or better, and do not drive or own a vehicle.
- Fill out a Taxi Program User application
- Have your picture taken for a Taxi Program User card

CA Yellow Cab

Cost: \$3.00 One Way (\$6.00 Round Trip)

Within Lake Forest city limits to non-emergency medical appointments, socializing, movies, etc.

Cost: \$7.00 One Way (\$14.00 Round Trip)

To and from non-emergency medical appointments to Saddleback Memorial Hospital, Mission Hospital, South County Orthopedic Specialist, Kaiser Hospital (Irvine), and Hoag Hospital (Irvine).



City of Lake Forest
100 Civic Center Drive
Lake Forest, CA 92630

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**DRIVE-IN
MOVIE**



Disney *Aladdin*

September 25

Hoag Health Center Parking Lot

26672 Portola Pkwy, Ste. 100

Tickets: \$20 per vehicle

Gates open: 6pm Movie starts: 7:15pm

Tickets go on sale Monday, September 14.

Purchase at www.LFParksAndRecCA.com

Receipts must be shown at gate entrance (paper or digital)

**Tickets will be available through
advance purchase ONLY!**



CITY TELEPHONE NUMBERS

Building Division	461-3470	Graffiti Hotline	461-3583
Building Inspection	461-3468	Housing	461-3569
City Clerk	461-3420	OC Animal Care	249-5160
City Council	461-3420	Passport & Notary	461-3420
City Manager's Office	461-3410	Planning	461-3491
Community Policing Center	461-3530	Public Works	461-3480
Community Preservation	461-3474	Recreation	461-3450
Economic Development	461-3567	Sports Park & Recreation Center	273-6960
Etnies Skatepark	916-5870		

FIND US ONLINE

City LakeForestCA.gov

Economic Development lakeforestbusiness.com
facebook.com/LakeForestBusiness

Etnies Skatepark of Lake Forest etniesskatepark.com

LinkedIn linkedin.com/company/city-of-lake-forest-ca

Sports Park & Recreation Center lfsportspark.com

For more info call 461-3450, 273-6960 or visit our website at www.lakeforestca.gov. For up-to-date info on City special events, check out facebook.com/LakeForestEvents and follow us on Twitter @LakeForestCA.

